

# Meet... Liz Sterling

After interviewing over 2,000 authors, celebrities, scientists, politicians and artists, Liz Sterling realized she was on to something. "There are many Life Lessons", Sterling says, "and by learning these lessons from others, we benefit from their experience. We're all looking for ways to learn about and understand ourselves and our changing world. Why not learn from those who have managed life's changes effectively and from those who have already experienced great success?"

### **Upcoming Events**



## Thursday, March 7<sup>th</sup>: Delray Beach Public Library

100 West Atlantic Avenue – 561.266.0194 Lunch with Liz 11:30 AM – 1:00 PM

Join Liz as she shares insights from her book and inspiration from interviews with Joan Lunden and Joan Rivers. No Charge.



# Friday, March 8<sup>th</sup>: International Women's Day Event 5:15 – 7:45 PM

The East Florida Chapter, USNC for UN Women in collaboration with The Center for Women, Gender and Sexuality Studies, Florida Atlantic University

Morgan Stanley Smith Barney 1801 N. Military Trail Suite 300, Boca Raton

Women of Passion and Purpose – Actions Changing Our World- Panel Moderator Liz Sterling, Author, Behind the Scenes: Celebrity Interviews and Inspiring Life Lessons, Radio Talk Show Host and Founder of Sterling Communications for Public Relations

Featuring a Panel of Accomplished Purposeful Women:

Lisa McCourt, Writing Coach, Joy Trainer, and Bestselling Author of Juicy Joy – 7 Simple Steps to Your Glorious, Gutsy Self

Julia Luyster, Attorney at Law, specializing in labor/employment and appeals, will discuss international human trafficking

Inbal Mazar, PhD Candidate in Comparative Studies at FAU, shares Perspectives on Mayan women and migrants.

Lisa Kaye, Morgan Stanley Wealth Management, Sr. Vice President, will discuss today's woman and her challenges in finance.

Light Supper Included \$15 per Person – Limited Seating

Students: \$5 with ID

RSVP: eastfl@unwomen-usnc.org

Checks: East Florida Chapter of UN Women

Visa/Mastercard Accepted

Call: 772-231-3001

### March 20, 2013: Clicking In Forum:

Keynote Speaker: Liz Sterling Everything Happens for a Reason Wednesday, March 20, 2013 11:00 AM to 2:00 PM The Colony Hotel 155 Hammon Avenue Palm Beach, FL 33480

Clicking In: 810 Saturn Street, Suite 15 Jupiter, FL 33477 Phone: 561.329.7929

Email: laniclick@gmail.com Website: clickingin.org

Phone: 561.655.5430

#### **About Liz Sterling**

Liz Sterling, an inspiring motivational speaker, hails from New York, where she earned her Masters Degree in Counseling and Human Development from Hunter College. As host of the *InnerViews* radio show in south Florida for ten years, Sterling interviewed over 2,000 local and national authors, celebrities, scientists, politicians and artists. She served as Advice Columnist for the *Sun-Sentinel*, the southeast feature editor for *Balance Magazine and* host of Be You Radio broadcasting on 101.5 LITE FM in south Florida. She is president of Sterling Communication Services, a consulting firm for companies and individuals seeking to increase their marketing and public relations potential, a Huffington Post Blogger, contributing editor for The Happy Herald Newspaper, and host of The Sterling Spin Radio Show offering Smart Talk and Real Alternatives. SterlingSpin.com

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